



Highland County Senior Citizens Center The Rosalie Morgan & N. James Bodenhamer Senior Center NEWSLETTER



185 Muntz Street, Hillsboro, OH 45133 937-393-4745 Mo, Tu, Fr 9:00am-3:00pm

Mechell Karnes, Executive Director

-Established 1970-

Rhonda Purdin, Director of Foods

PUBLICATION BY MECHELL KARNES

See our activities schedule on page 6 of this newsletter



Pictured is our ribbon cutting ceremony for our 55th anniversary celebration that took place on Tuesday, June 10th. We asked members, businesses and anyone part of the senior center's history to be part of our group photo. All photos of the event were taken by Emmy Lee Photography.

OVER 200 ATTEND THE CENTER'S 55th ANNIVERSARY CELEBRATION

Celebrating fifty-five years of services, friendships, memories, programs, and an immeasurable impact to seniors and their families throughout Southern Ohio and beyond

Our 55th anniversary celebration on June 10th was a wonderful event. There were 206 in attendance. Everyone was invited to sign our guest book so we could have that to look back on. We had our historic photo albums set out for our members and guests to look through, along with items of interest placed on posters for reading material. Many enjoyed looking (Continued on page 2)

BOARD UNANIMOUSLY VOTES TO INCREASE MEMBERSHIP '26 DUES

Operating Costs Are Up: Membership Support More Important Than Ever. A letter from our Board of Directors, and Center Executive Director

Dear Valued Member,

At the July 16th, 2025 meeting the Board of Directors unanimously voted to increase the annual membership due to \$50 effective

January 1st, 2026.

Since the post-COVID era the Center has experienced increased costs on all fronts to include utilities, food, supplies, payroll, and insurance. (Continued on page 9)



Pictured, looking through the center's historic photo albums, is the family of the late Rosalie Morgan, our organization's founder and long-time Executive Director. Many enjoyed looking through these albums and were able to see pictures of their loved ones throughout the early years of the senior center starting in 1970 and beyond.


(Celebration Cont. from page 1) through the albums and old newsletters which dated back from 1970. There were a lot of smiling faces, and folks getting to visit with friends. Our band played as our soundtrack for the event. A complimentary lunch and cake was enjoyed. Several of the businesses that support the center through donations and sponsorships were also in attendance to celebrate with us. Doug Karnes, of McCarty Associates, headed up the printing and building of our donation block wall. Details of our donation wall and sponsors is on page four. At 11:30 a.m., the event's MC, Herb Day, welcomed guests and a brief

presentation took place. Our Board president, Robyn Coomer, welcomed and thanked guests for attending. Board Vice-President, Alex Butler, offered prayer. Center Director, Mechell Karnes, welcomed guests, thanked our sponsors, and recognized those who worked hard to establish the senior center back in 1970, our founding year. Highland County Commissioner, Brad Roades, presented a proclamation to the center. Since Congress was in session, Kelly Faas with Congressman Taylor's office, presented a proclamation from Congressman Taylor. Ethan Reynolds, from Governor Mike DeWine's office, also presented a proclamation from the Governor. The City of Hillsboro's Mayor prepared a proclamation, too, but was out of town and no one from his office was available to attend. All the proclamations are proudly displayed at the center. The Chamber of Commerce, and their Director Jamie (Cont. on page 18)



Pictured (left) is Herb Day and Highland County Commissioner, Brad Roades, presenting the proclamation from the Commissioners.

HIGHLAND DISTRICT HOSPITAL



937.393.6100
www.HDH.org

SENIOR EXPO PLANS UNDERWAY- MORE FUN ADDED TO THE EVENT: MARK YOUR CALENDAR: OCT 7th

The center's annual Healthy Halloween senior expo has been in the works since this Spring. The event takes several months to plan and advertise. It's important that the event is a productive resource fair for seniors and their loved ones. Our goal is to provide an opportunity where folks can meet the businesses who provide the services that are needed in our community and surrounding communities.

The event will also have costume contests, prizes given away all day, pumpkin decorating contests by the businesses and raffles. This year we will have a game show during the band's break, where event goers can win more prizes.

The event is Tuesday, October 7th from (Continued on Page 3)

(Continued from Page 2) 10:00 a.m. to 2:00 p.m. with free Business Bingo to follow. Last year, we had over 250 from the public in attendance, from multiple counties. The event is free for the public to attend. Businesses pay a booth fee, and that is the fundraising aspect of the event for the center's operation. Mark your calendar for this event and start to plan your Halloween costume. Although the event is free to attend, bring some

cash for raffles and lunch.

100 TURKEY BINGO ADVANCE TICKET SALES START BEFORE SUMMER ENDS

100 Turkey Bingo is another big fundraising event that the center's operation relies on. We can not stress enough how important these events are to us financially. Plus, we know that our members and the public enjoy bingo and winning one or multiple turkeys can be a thrill!

Advance admission tickets for 100 Turkey Bingo go on sale on Monday, September 8th. Advance tickets are also scratch-off tickets, so you could win a turkey before the event, just for purchasing your ticket in advance. A limited amount of advance tickets are available. Tickets are \$20 and includes four bingo cards. You must be 18+ to attend. At-door tickets will be available. Raffle tickets will be available before this event. –



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Thank you to NCB for donating \$2,500.00 to our Home Delivered Meals program. Pictured is our membership with NCB employees Heather Cummings and Tessa Gaines, who joined us at the center this past May to present us with their donation.

The center applies for the grant that NCB generously donates for our Home Delivered Meals program every year. These donations are needed more than ever, as food prices have climbed over the past few years. The center tries to keep our food program affordable, while maintaining quality. We appreciate you, NCB!

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Thank you

Helping us “build” our financial Future. Donation Block Wall Explanation:

In honor of our 55th anniversary, our goal was to raise \$5,500 to put toward a CD and our general operations. At our 55 Celebration event, we built a wall, block by block of donors, who contributed toward our goal of \$5,500. Donation Block amounts were in intervals of \$55 and were as follows: 11” x 17” - \$55, 22” x 17” - \$110 34” x 22” - \$220. The wall was a visual aid to show all who donated and blocks could be designed the way donors wanted. If a name is on the list more than once, they donated toward that many blocks.

We were just \$435 shy of our goal. We have conducted a peanut butter pie raffle that raised \$132, which brought us to \$303 short. We will have another peanut butter pie raffle to lessen the amount, as we had an anonymous donor offer to pay the difference. Our operation depends on donations and fundraising, as we do not receive any funds from tax dollars on a local, state or federal level. If you are interested in donating, please contact Mechell Karnes, Director, at 937-763-1904. Thank you; we appreciate our donors. Please help us thank the following individuals and businesses:

\$220 Donors:

Gary & Lora Abernathy
Close to Home Assisted Living
Eleanor Cumberland
Larry & Lana Dukes
Highland District Hospital
The Hillsboro Eagles # 1161
The Hillsboro Eagles # 1161
The Hillsboro Eagles # 1161
Merchants National Bank

A special thanks to:

Altha Bodner Insurance
Big Ernie's Pizza
Ponderosa Steakhouse
Jim Luman
Hillsboro Walmart
Herb Day Radio
Larry and Lana Dukes
McCarty Associates
*The Highland County
Chamber of Commerce*
Merchants National Bank
Chad Abbott Signs
The Hillsboro Eagles #1161
The Laurels of Hillsboro
The Porch Carryout and Grill
Timber Lane Sporting Goods
Our Membership & Volunteers!

\$110 Donors:

CopperKnoll Health & Rehabilitation
Highland Health Providers
Tom & Maggi Horst
Anonymous
Don & Gerri Pierson
Hospice of Hope
Greenfield Skilled Nursing
McCarty Associates
The Laurels of Hillsboro
Robert and Dee Moots
Maplecrest Meats and More
Teresa Gillespie
The Hillsboro Eagles #1161
Jim and Nina Couser
Anonymous
Herb Day Radio: Red White & Blue
Country & Golden Oldies

Thank you to our sponsors for the event:

Altha Bodner Insurance
Robyn Coomer
First State Bank
Highland Co. Veterans Service Office
Horne Law Office
J.R. Roush Cattle
Highland District Hospital
Tissot's Home Center
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Hillsboro Eagles #1161
Southern Hills Community Bank
NCB

\$55 Donors:

Arlane Bick & Jane Ann Cadwallader
Loving Young Living- Karen Theodore
Hillsboro Elks #361
Altha Bodner Insurance
Fred and Michele Beery
Robert and Doris Schmidt
Gene and Joannetta Fettes
The Senior Center Art Group
Trustwell Living at Bell Gardens Place
Mary Mahaffey
Lillian Elking
McCoy Plumbing
Highland County Chamber of Commerce
Tom and Kathy Fawley
Patty Rudduck
Dolores Basford
Galen & Lynn Neal
Barbara Bratton
Francis & Bill Baldwin
The Hillsboro Rotary Club
David Morgan
Michael Myers

Thank you to our radio sponsors:

Altha Bodner Medicare Insurance
Company
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Store #7012
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Turner Funeral Home
Adams & Highland Co. Homecare
Earzlink Hearing Care

“What a wonderful celebration!”

Highland County Senior Citizens Center's Home Delivered Meals!

Made fresh and delivered hot to your door!



Serving the City of Hillsboro * Passport and private pay clients * Dietician approved meals.

MARK YOUR CALENDAR FOR THE FOLLOWING SPECIAL DATES.

Please see page 6 for our closings for holidays, and prep and take down of fundraising events.

Ohio Dept. of Insurance Medicare Counseling, appointment only: Friday, Oct 17

Ohio Dept. of Insurance Medicare Counseling, appointment only: Tuesday, NOV 4

Healthy Halloween Senior Expo: Tuesday, October 7th- No activities, expo only

100 Turkey Bingo: Saturday, November 1st (Limited Advance Tickets go on sale- September 2nd)

Ohio Dept. of Insurance Medicare Counseling, appointment only: Tuesday, DEC 2

Membership Christmas Parties, Bleach Party and more dates: TBA

More dates could be added, ask the Front Desk. Look for flyers for center and community events above our coat rack at the center's front door.



BIG ERNIE'S EVENT: A DELICIOUS SUCCESS!

Our annual Eat Big Ernie's and Support the Senior Center, event this past May, raised \$500 for our operation. Thank you to those who came out to the event (or carried-out or drove through), part of your sale was donated to the center. Thank you to Big Ernie's for your generosity! Thank you to FRS Transportation for taking some of our members over as a group from the center to free up parking.

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LENDER

Highland County Senior Citizens Center's Activity Schedule - 185 Muntz St., Hillsboro

MONDAY, TUESDAY, FRIDAY: 9:00 A.M. - 3:00 P.M.

Various Games/Activities

Puzzles

Billiards

STRONGER Gym

Join us for lunch
\$5 - Monday, Tuesday & Friday
AT NOON ON THE DOT!

SPECIALS:

TIME:

SPONSORED BY:

Chair Volleyball Prize Day	2nd Tuesday of the month- Prizes awarded	Sponsored by: Queen City Hospice
Chair Volleyball Prize Day	2nd Friday of the month-Prizes awarded	Sponsored by: Ohio's Hospice
Chair Volleyball Prize Day	3rd Tuesday of the month-Prizes awarded	Sponsored by: Heartland Hospice
Blood Pressure Checks	2nd Tuesday of the month, 10:30am-11:30am	Provided by: Hospice of Hope
Mental Health Checks	3rd Tuesday of the month, 10:30am-11:30am	Provided by: Highland District Hospital
Blood Pressure/Sugar checks	4th Tuesday of the month, 10:30am-11:30am	Provided by: Highland County Health Department

We're looking for more sponsors for chair volleyball, Bingo, Bunco and billiards. Contact Mechell Karnes: 937-763-1904

-Prizes are household items that you can use, such as paper towels, a bag a chips, tissues, dish soap, toilet paper and gift cards-

BINGO

TIME:

SPONSOR:

1st Monday of every month	12:30 p.m.	Hospice of Hope
2nd Monday of every- OTHER- month	12:30 p.m.	Bell Gardens Place
3rd Monday of every month	12:30 p.m.	Bring a small gift for prize- call Front Desk for details
Last Monday of every month	12:30 p.m.	No sponsor at this time

NOTE: If there are 5 Monday's in a month, the 4th Monday there is no bingo sponsor. Bring a gift as a prize until further notice.

LIVE BANDS

All bands break for lunch from 11:30 a.m. to 12:30 p.m.

BAND:

Monday:	10:00 a.m. - 1:30 p.m.	Trailblazer Band
Tuesday:	10:00 a.m. - 1:30 p.m.	The Sunshine Band
Friday:	10:00 A.M. - 1:30 p.m.	Wires and Wood



DAILY SCHEDULE:

TIME:

INSTRUCTOR/SPONSOR:

MONDAY:

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole	9:00 a.m. - 10:00 a.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Euchre	10:00 a.m.
Bingo (see above details)	12:30 p.m. - 1:30 p.m.

TUESDAY:

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole:	9:00 a.m. - 10:00 a.m.
Color Pencil Group -Free hand, pro or beginners	9:30 a.m. - 3:00 p.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Euchre	10:00 a.m.-
Bunco (Noon Lunch Break)	11:00 a.m. - 2:00 p.m.

WEDNESDAY: CLOSED - Home Delivered Meals will be delivered

THURSDAY: CLOSED - Home Delivered Meals will be delivered

FRIDAY:

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole	9:00 a.m. - 10:00 a.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Oil, Acrylic, Colored Pencil- Multi Medium Art Group	9:30 a.m. - 3:00 p.m.
Euchre	10:00 a.m.
Line Dancing: Beginner or advanced	11:00 a.m. - 12:00 p.m.

Mark Your Calendar

We will be closed on...

Monday, May 26th - Memorial Day

Friday, July 4th - Independence Day

Monday, September 1st- Labor Day

Monday, October 6th- Senior Expo Prep

Friday, October 31st- 100 Turkey Bingo Prep

Friday, November 28th- Thanksgiving Break

**Monday, December 22nd - Friday, December 26th
-Christmas Break**

These dates could
change or be updated

Calendar Questions:

937-393-4745



Need a ride to the center? FRS Transportation provides several of our out-of-town and local members transportation to and from the center at an affordable rate. The senior center is not affiliated with FRS. Call FRS at 937-393-0585.

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Free Services at the Center

See page 6 for days and times for services

Sugar checks, blood pressure checks, heart rate checks, mental health checks, healthy snacks and recipes.



Sudoku- Difficulty: Hard Answers: p. 13

Puzzle A

2			8		5	9	7	
			6			5		
5		3	7	1	9			
								5
	6		9		8		1	
7								
			4	8	7	2		6
		7			3			
	5	2	1		6			4

Puzzle B

			6				7	5
		3			2		1	8
		1	7		8			
8				1		7	4	
	9						8	
	2	7		8				3
			1		9	8		
5	6		3			4		
9	1				4			



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Do you know what the benefits are for 2025?

Would you like to get money back from paying for your Part B?

Could you use some extra money each month to help you with food and/or pay your rent/utilities?

These are just a few things I can help you with.

Give me a call and we can chat.

Give me a call and we can chat

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Cynthia Grotzky

Independent Sales Agent/Senior Advocate





***Celebrating our 55th
Anniversary together,
and many more!***
Celebration: Tuesday, June 10th



(Letter From the Board Cont. from page 1) Additionally, we are confronted with eminent facility repairs and upgrades in the near future. The Board and staff work hard to conservatively manage the financial resources of the Center that come mostly from generous benefactors in our community and the fundraising efforts of staff and volunteers.

The Board seeks to retain our excellent staff, provide a wide array of special events and activities, and maintain a safe and comfortable facility. The membership dues increase will assist in this effort. We recognize an increased membership dues may not be a welcomed change, but we believe it is necessary and still a great value for what the Center offers. For perspective, \$50 annually equates to \$4.16 a month. An increase from the current amount has not occurred in over 15 years.

We sincerely appreciate your support of the Senior Center and invite you to attend our next meeting on Wednesday, September

17th at 5:00 p.m. to discuss any concerns or hear any feedback you may have.

Sincerely,

Highland County Senior Citizens Center Board of Directors –

The following is a letter From the Executive Director:

Dear Senior Center Members,

In regards to the membership increase you just read about from the Board:

I did not anticipate how quickly inflation would accelerate after Covid. Like many other organizations in our community, we're adjusting in order to keep our programs and services strong.

We are extremely fortunate to have generous donors, such as the Bodenhamer Trust, and we work hard year-round to raise funds. I've been at the center for the past fourteen years, serving as Executive Director and working hard to support it through fundraising. From Elvis

Presley nights and Hee Haw shows to peanut butter pies, caramel chocolate apples, and so much more, we've gotten creative to keep the center going.

Since I was hired, we've significantly grown our fundraising efforts—with the help and involvement of our members, staff and Board—going from just a few thousand dollars a year to over \$54,000 annually. For many years, those efforts have helped close the gap for our financial needs. However, with the recent and ongoing rise in costs, I've reached a point where fundraising alone is no longer enough to keep up.

Our commitment to fundraising can not decline with the increase in membership dues. We will continue to work just as hard, because it will take all of us—members, donors, and staff—working together to sustain the center and everything it offers our seniors.

As you may know, we do not receive government funding or local tax dollars. Our operations are supported by individuals and businesses who believe in our mission to *(Continued on page 15)*



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GOOD TIMES AND GOOD FRIENDS AT THE HIGHLAND COUNTY SENIOR CITIZENS CENTER



Top Left: Members enjoying lunch at the center with friends. Lunch is served every Monday, Tuesday and Friday at noon. Adults only. Non-members welcome. The kitchen uses local homegrown beef for many dishes. Top Middle and Right: Gold and Silver winners of the 2nd annual Laundry Soap Olympics. Over a dozen laundry soaps were donated to the center to use to keep the center clean and members enjoyed games and won Dairy Queen gift cards. Bottom Left: Our art group at our 55 Celebration. The group brought in their wonderful art for our guests to enjoy. Bottom Middle: Attention all Euchre players, we play Euchre every Monday, Tuesday and Friday at 11am and there is room for you! Bottom Right: Art Group members work on their colored pencil projects at the center every Tuesday. Other mediums are welcomed on Fridays.

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Word Search: Desserts and Sweets



- | | | | | | | |
|-----------|------------|-----------|-------------|------------|---------|---------|
| APPLE PIE | CAKE | CHOCOLATE | ECLAIR | JELLY | MOUSSE | TART |
| BAKLAVA | CANDY | COOKIE | FRUIT SALAD | JELLY BEAN | MUFFIN | TOFFEE |
| BISCOTTI | CANDY BAR | CROISSANT | GELATO | JELLY ROLL | PANCAKE | TRUFFLE |
| BISCUIT | CANNOLI | CUPCAKE | HONEY | LOLLIPOP | PUDDING | WAFFLE |
| BROWNIE | CARAMEL | CUSTARD | ICE CREAM | MARMALADE | SOUFFLE | |
| BUN | CHEESECAKE | DONUT | JAM | MARZIPAN | STRUDEL | |



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This past quarter was full of fun! We held a festive membership Easter egg hunt, where members won word search books and DQ gift cards. Everyone received a cheerful bunny bag with “Bunny Bait,” a homemade snack from our kitchen. The Hillsboro Rotary Club joined us for lunch and chair volleyball, and generously donated \$500 to support our operations—we’re so grateful for their ongoing support. We also welcomed Congressman David Taylor, his wife Charity, and Field Rep Kelly Faas, who visited with members and took time for questions and conversation. Our line dancers meet every Friday from 11 AM to 12 PM—new dancers always welcome! And thanks to our popular Peanut Butter Mini Dream Pies, we’ve raised over \$2,000 this quarter. We love our pies, our members, and all who support our center. Thank you!



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Medicare Questions? Call the
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The Ohio Department of Insurance

Sudoku answer key. Puzzle on page 7.

Puzzle A

2	1	6	8	4	5	9	7	3
9	7	4	6	3	2	5	8	1
5	8	3	7	1	9	6	4	2
1	2	9	3	7	4	8	6	5
4	6	5	9	2	8	3	1	7
7	3	8	5	6	1	4	2	9
3	9	1	4	8	7	2	5	6
6	4	7	2	5	3	1	9	8
8	5	2	1	9	6	7	3	4

Puzzle B

2	8	9	6	4	1	3	7	5
7	4	3	5	9	2	6	1	8
6	5	1	7	3	8	9	2	4
8	3	6	2	1	5	7	4	9
1	9	5	4	7	3	2	8	6
4	2	7	9	8	6	1	5	3
3	7	4	1	5	9	8	6	2
5	6	8	3	2	7	4	9	1
9	1	2	8	6	4	5	3	7

Highland County Senior Citizens Center's *Ready Meals!*



All the grocery shopping, the cooking, the cleaning and the meal prep is done.

Heat and enjoy!

Special pricing for members: \$5 per meal

Meals are made hot and fresh by the senior center, cooled, then frozen in our food delivery tray for convenience and easy re-heating.

Ask for Rhonda Purdin, our Director of Food Programs, if you're interested in the center's Ready-Meals. Our Ready-Meals are made hot by the senior center, cooled, then frozen in our food delivery trays for convenience and easy re-heating. Call us to discuss a menu that works for you. Bon appetit!



Proudly serving those who have served!

HIGHLAND COUNTY VETERANS SERVICES
1575 N. HIGH ST., SUITE 400 - HILLSBORO
937-393-8686

Word Search: Plants, Herbs and Gardening



BASIL	DILL	MEDICINE	SAGE	COOKING	GREEN	PEPPER	TREES
BOTANY	FENNEL	NATURE	SEASONING	CORIANDER	GROWING	PLANT	VANILLA
CELERY	FLAVOR	NATUROPATHY	SHRUBS	CULINARY	HERBAL	PLANTING	VEGETABLES
CILANTRO	FLAVORING	NUTRITION	SPICES	CULTIVATION	HERBALIST	ROSEMARY	VEGETATION
CINNAMON	GARDEN	PARSLEY	TREATMENT	CUMIN	HERBS	SAFFRON	VITAMIN C

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I DID !


AMY DAVIS & ASSOCIATES
REALTY CO. 

(Letter from the Director Cont. from page 9) our seniors. Membership dues must increase because our expenses have. Rising costs—particularly for building maintenance, insurance, and utilities—have made it clear that dues need to play a larger role in our budget. Our typical electric bill is now over \$1,000 per month, and after recent supplier rate hikes and a stretch of extreme heat, our most recent electric bill reached \$2,037.42 for the month of July. In February, our gas bill was nearly \$1,200 in the extreme cold.

This year, the center's total expenses are budgeted at \$248,088. With our current number of paying members—316 (remember, Lifetime Members aged 90 and over are free)—dues at the current rate of \$20 bring in \$6,320. At the new rate, we would bring in \$15,800—IF everyone renews. While this still represents only a small portion of the overall budget, the increase is necessary to help sustain the center and continue the programs and services our members rely on.

Here is another development; as

stated earlier, the senior center is not government funded. However, we have worked hand-in-hand with the Vantage program for over twenty-five years, which is a government-funded job training initiative. As a designated job training site, we supervise Vantage participants in roles such as janitorial and kitchen help. These participants gain valuable work experience and build their resumes while the Vantage program provides their wages—at no cost to the senior center. As of July 1st, the government has “paused” this program. If the Vantage program is discontinued, or we have no interested participants in the future, the senior center will need to hire staff to fill these essential positions in order to maintain daily operations. In addition to rising day-to-day expenses, we also need to keep in mind that our building is aging. Just recently we had to spend \$5,000 on a plumbing repair involving an outdated lift system that is now obsolete—but far too expensive to fully replace. While we've done our best to stay on top of regular maintenance, we know there will

come a time when more significant repairs or upgrades will be required. We must be forward-thinking, so we're prepared when those larger needs arise.

Many of you have probably already done the math—\$50 a year breaks down to about \$4.16 a month, or \$1 a week for almost a year. Still, we know that going from \$20 to \$50 might hit hard—especially for some couples. That's why we're sharing this news well in advance, to help everyone prepare. One thoughtful member even suggested setting aside \$10 a month between now and January to cover the cost for their membership in 2026. We don't want the cost to keep anyone from being part of the senior center. If the new dues present a hardship, please know we're here to work with you. Our goal is to continue being a place where seniors feel welcome and valued.

As part of this transition, we may reach out to some members we haven't seen in a while to invite them to remain part of the center and to consider renewing under the new
(Continued on page 18)

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Church services
Activities

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Administrator
Cell: 614-679-7256
closetohomedr@aol.com

Theresa Clifton
Assistant Administrator
Cell: 937-752-6661
theresacth.4@outlook.com

TRIVIA QUESTIONS & ANSWERS

1. What popular TV show featured the characters Blanche, Rose, Dorothy, and Sophia?
2. Which U.S. president signed Medicare into law in 1965?
3. What was the name of the town where The Andy Griffith Show was set?
4. What was the name of the ranch in Bonanza?
5. Which Western TV show starred James Arness as Marshal Matt Dillon?
6. Which 1970s detective series featured a suave private investigator who lived in a trailer on the beach?
7. In 1960, who became the first-ever televised presidential debate participants?
8. What 1960s TV show featured a boy named Tim O'Hara who discovers a stranded Martian?
9. Which TV show featured the line, "Dyn-o-mite!" made famous by the character J.J. Evans?
10. What 1960s sci-fi anthology series opened with the line: "You unlock this door with the key of imagination...?"

10. The Twilight Zone
9. Good Times
8. My Favorite Martian

7. JFK & Richard Nixon

6. The Rockford Files
5. Gunsmoke
4. The Ponderosa

3. Mayberry
2. President Lyndon B. Johnson
1. The Golden Girls



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SENIOR CENTER ANNOUNCEMENTS

The senior center's Board meetings are scheduled for every other month, on the third Wednesday at 5pm. Schedule: July 17th, September 17th, November 19th.

Flyers, center and community happenings and announcements are located at the front door of the center.

Please help us sign cards to businesses who support us-sponsoring our fundraisers. Without their support, we would have NO senior center. "Thank you" cards are set out by the Front Desk for all members to sign. Thank you for your time signing the cards. We know it's a lot but it's worth it!

SPECIAL SHARED MEMORIES

The following are memories shared at our 55 Celebration. "Share a Memory" cards were placed on tables for guests and members. Here is what they shared with us.

"My fondest memory is working with all the seniors and escorting the trips!" They were all great to travel with! Especially to Niagara Falls on the Maid Mist. What fun we had. I loved the quilters too. Remembering Evi Kangro.
- Dorothy Campbell

"I remember Rosalie Morgan and how she asked, Bob Hodson at Farmers and Traders Bank, if money could be borrowed to buy the old Kroger Building. Ralph Vance, a cashier and our church organist, was working here where I paid for my groceries from him at first. I'm not a native, but I've lived here a lot of years. Bob Parker, my husband, worked puzzles at the center once a week in his older age. It helped him a lot to be at the center." -Mrs. Susan Parker

"I have had so much fun at the center. Line dancing, at one time we had 21 dancers. We danced at the State Fair, Coney Island and all over. Also we traveled with the center. That was so much fun; we went everywhere. I danced in some of the Hee Haw Shows too. I sang in the chorus. That was fun. I love the center." -Arlane Bick

"After joining the center, I came down with some serious health issues. Everyone at the center was so supportive when I wasn't able to come in, and after I came back."
- Not signed

"I came to the senior center to use the exercise equipment originally. As I was leaving, I saw Arlane Bick, who said I should try the chair volleyball. The next Monday, I was there to play and have been paying ever since. I love the game and I love the people." -Sue Riley

"My memory of the first day I came to the center, I felt welcomed by everyone and enjoyed playing chair volleyball for the first time. Also Played bingo for the first time and now play Euchre." - Geneva Vaughan

Word Search: Summer Time Fun & BBQs

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N O I T I D A R T O P U W R P R E O F C F S W
B M W E K F S F N S S F U J E K W W E Y I B Y
L P S F A M I L Y A T T N S Y Y E B Y A R D C
W U D K C G D J G O A N T R R V R N M P E S A
E H N K Z N Q E U N M I E A F A A E I D W K M
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CAMPING	GRASS	PICNIC	TENTS	FAMILY	MEAT	SMELL	WEEKEND
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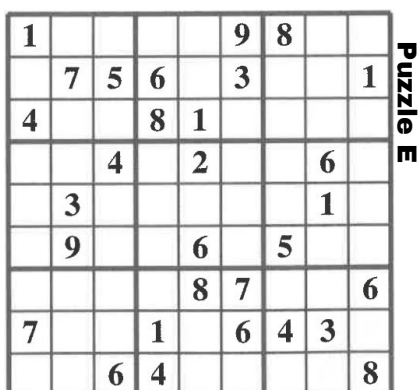
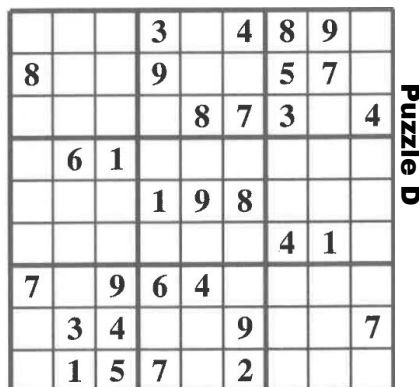
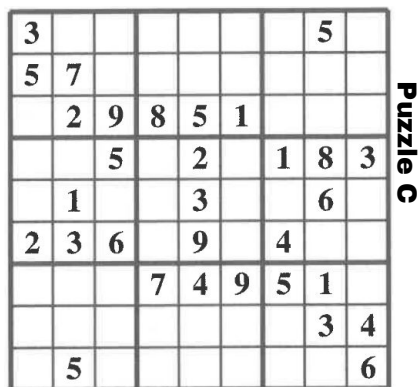
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Sudoku Level: Hard.

Answers: page 19



(Letter from Director Cont. from page 15) dues *EVERY* membership truly counts—not just for our budget, but for the strength of our senior center.

I deeply appreciate your consideration and continued support—after all, this is *your* center. Each membership renewal helps sustain our center's operation for our members. If we want the center to continue, we all need to help keep the lights on, quite literally. Over the years, many of you have given so much—through your memberships, generous donations, and countless hours of volunteering. That support has made all the difference to so many.

The value of the senior center goes far beyond dollars. It's in the friendships formed, the meals delivered, the activities enjoyed, the free services that are needed, and the sense of belonging we all share. Thank you for being part of it. We love our senior center—and together, we can keep it strong.

Warmly,

Mechell Karnes,

Executive Director –

(Celebration Cont. from page 2) Wheeler, conducted a ribbon cutting ceremony. The center invited the family of the Late Rosalie Morgan, our founder and long-time director, to cut the ribbon in her honor.

Cards were placed on the tables for people to write their fond memories about the center. These memories are on page sixteen of this newsletter.

All local print media were invited to document our celebration. A Cincinnati news station was set to attend, and interview three of our members to be on TV, but the morning of the event, they became unavailable. The center hired local photographer, Emmy Lee, to capture our event. We have included several of her photos throughout this newsletter.

Thank you to everyone who helped make this event a memory to cherish. It was great to celebrate our last fifty-five years together. Here's to our organization's future and to our future seniors. —

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Mashed Potato Casserole: Not your typical casserole By: Ree Drummond

Casserole Ingredients:

- 1/2 cup (1 stick) salted butter, melted, plus more for the baking dish
- 1 (16-oz.) container sour cream
- 1 (1-oz.) envelope onion soup mix
- 4 lb. russet potatoes, peeled and cut into large chunks
- 1 cup heavy cream, warmed
- 1 lb. bacon, cooked and crumbled
- 8 oz. monterey jack cheese, shredded (about 2 c.)
- 1/2 cup lightly crushed crispy fried onions
- 1 1/2 tsp. kosher salt
- Black pepper, to taste



Topping

- 1 cup lightly crushed crispy fried onions
- 1 cup lightly crushed kettle cooked potato chips with sea salt
- 1/4 cup grated parmesan cheese (about 1 oz.)
- Chopped chives or green onions, for serving

Fluffy, light, filling and packed with flavor! A good way to get vitamins B1, A, B6 and extra potassium and magnesium

1. For the casserole: Preheat the oven to 375°F. Generously butter a 13-by-9-inch baking dish.
2. In a small bowl, stir together the sour cream and onion soup mix. Refrigerate while you prepare the potatoes so the flavors have time to meld.
3. Place the potatoes into a large pot and cover them with cold water by 1 inch. Bring the water to a boil over high heat and cook until the potatoes are fork tender, 20 to 25 minutes.
4. Drain the potatoes well and return them to the same pot. Place the pot back on the same burner (heat turned off) and mash until there are no visible lumps.
5. Add the prepared onion dip, melted butter, heavy cream, bacon, monterey jack cheese, fried onions, and salt, and stir to combine. Season to taste with pepper. Transfer the mashed potatoes to the prepared baking dish, spreading them evenly.
6. For the topping: In a small bowl, stir together the fried onions, potato chips, and parmesan. Sprinkle the mixture evenly over the top of the mashed potatoes. Bake until bubbling and browned on top, 15 to 20 minutes. Sprinkle with chives just before serving.

Sudoku Key- in order.
Puzzles are on page 18.

Puzzle C

3	8	4	9	7	2	6	5	1
5	7	1	3	6	4	9	2	8
6	2	9	8	5	1	3	4	7
9	4	5	6	2	7	1	8	3
7	1	8	4	3	5	2	6	9
2	3	6	1	9	8	4	7	5
8	6	3	7	4	9	5	1	2
1	9	2	5	8	6	7	3	4
4	5	7	2	1	3	8	9	6

Puzzle D

5	2	7	3	6	4	8	9	1
8	4	3	9	2	1	5	7	6
1	9	6	5	8	7	3	2	4
9	6	1	4	7	3	2	8	5
4	5	2	1	9	8	7	6	3
3	7	8	2	5	6	4	1	9
7	8	9	6	4	5	1	3	2
2	3	4	8	1	9	6	5	7
6	1	5	7	3	2	9	4	8

Puzzle E

1	6	3	2	7	9	8	4	5
8	7	5	6	4	3	9	2	1
4	2	9	8	1	5	6	7	3
5	8	4	7	2	1	3	6	9
6	3	7	9	5	8	2	1	4
2	9	1	3	6	4	5	8	7
3	4	2	5	8	7	1	9	6
7	5	8	1	9	6	4	3	2
9	1	6	4	3	2	7	5	8

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The Highland County Senior Citizens Center is a 501(C)(3) non-profit organization established in 1970. It is supported solely by membership dues, fundraising activities, private donations and receives no funding from any government entity. A Typical Membership is ages 50-89 and is \$20 for the year, a Lifetime Membership is ages 90+ and is free, an Associate Membership is ages 21-49 and is \$25 for the year. All memberships expire on December 31st. Services are rendered on a nondiscriminatory bases. The center is wheelchair accessible in compliance with the Americans Disabilities Act.

The mission of the Highland County Senior Citizens Center is to promote wellness of the members through recreational, education, and social opportunities.

Our newsletter is supported by our advertisers. Please thank them for making this publication possible, and remember to shop local.

Recognizing the late Dr. James Bodenhamer, our devoted friend and generous supporter, and the late Rosalie Morgan, our founder and longtime Director, our Board of Directors, and our volunteers for their support and dedication to the Highland County Senior Citizens Center.