



NEWSLETTER



Highland County Senior Citizens Center

The Rosalie Morgan & N. James Bodenhamer Senior Center

185 Muntz Street, Hillsboro, OH 45133

937-393-4745

Mo, Tu, Fr 9:00am-3:00pm

Mechell Karnes, Executive Director

-Established 1970-

Rhonda Purdin, Director of Foods

We're Turning 55, Let's Celebrate!

PUBLICATION BY MECHELL KARNES

This year we are turning fifty-five and we're going to have a great celebration! We are planning a party for June, and we want the celebration to include anyone, and any business, who has been part of the senior center, and anyone who is interested in joining. The Executive Director, Mechell Karnes, has met with the Highland County Chamber of Commerce, (Continued page 2)



Pictured are the first members, and the first Executive Director and founder, Rosalie Morgan, of the Highland County Senior Citizens Center at the Grange Building at the Highland County Fair Grounds in 1970, where our organization first gathered.



Pictured is 34 year-old professional Elvis Presley tribute artist, Tyler Christopher performing. The center's stage allows for Christopher to dance and mimic Elvis Presley for an authentic and fantastic show.

Elvis Presley Tribute Returns, March 22nd- Tickets Going Fast

Our 9th annual Elvis Presley Tribute Benefit Show is Saturday, March 22nd. As we announced in our last newsletter, tickets went on sale at the beginning of January. The *Front Row* seating is already sold out but *Second Row, General Seating*, and *Last Row-But Still Good Seats* seating are still available, but those interested in getting tickets should do so in advance as our 2024 show sold

out two weeks before the show.

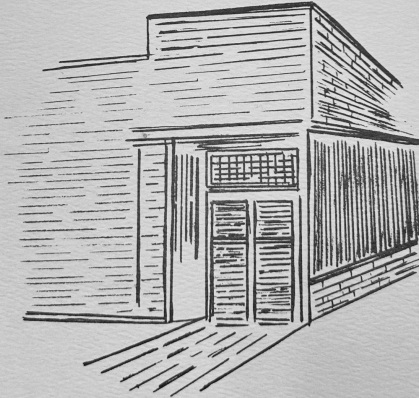
To purchase your tickets you can visit the Front Desk with cash, check, or now credit card. You can also purchase tickets online on our website at HighlandSeniors.com. If you purchase online, be sure to provide a good phone number so that we can get ahold of you for seating arrangements, especially if you have a party you want to be seated with. (Continued on page 2)

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

HIGHLAND COUNTY
SENIOR CITIZENS CENTER, INC.

185 Muntz Street
HILLSBORO, OHIO 45133

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★




"Welcome To Our World"

The pictured booklet was put together by the senior center in 1977. It provides our interesting journey of our beginnings.

(continued from page 1, *Elvis Presley Tribute event*) Tyler Christopher, the 34-year-old artist, performs over 200 shows a year and has sold out the Senior Center's Elvis Presley annual event every year for the past eight years. He has followers from out of state that attend the Center's event too. Among many awards for his performance, and being nationally recognized, Christopher also competed in a national competition in New York and won first place. With his superb voice, dance moves, mannerisms and costuming of Elvis Presley in the 50's, 60's and 70's, Christopher creates a show that truly is the replication of the legacy of Elvis Presley in his prime. Christopher was ranked top five in the world at the Tupelo, Mississippi Elvis Festival. With his live band, the show covers the entire career of Elvis and brings back the young, energetic excitement of Elvis Presley. The band includes back-up vocals, lead guitar, bass guitar, keyboard and a sound and light crew. This event is a concert that takes place on a stage. Fans rave, "Christopher is the best Elvis Presley artist I have seen. He is fantastic; his energy and enthusiasm is astounding. His voice, costumes, and mannerisms are true to Elvis' memory. I will see him every chance I get. I love his show! He is Elvis Presley when he is on that stage."

Front Row Seats (\$45.00) - SOLD
OUT. Second Row : \$40.00.
Doors open for SECOND ROW

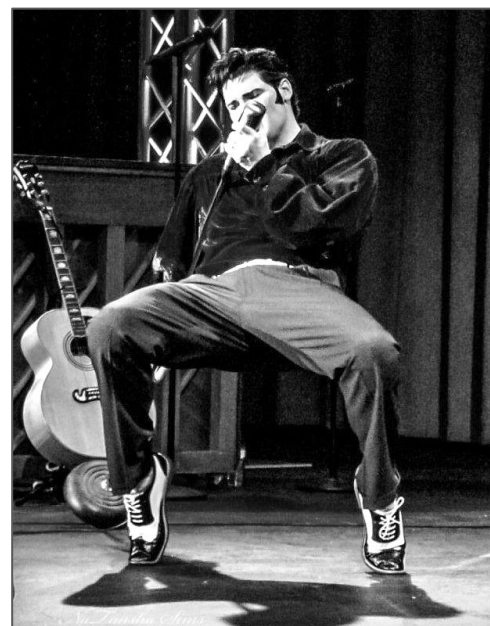
**HIGHLAND
DISTRICT HOSPITAL**



937.393.6100
www.HDH.org

ticket holders at 6:25 p.m. These tickets include a light candy treat with popcorn and drinks; tea, lemonade and water. General Seating: \$35.00. Doors open for GENERAL SEATING ticket holders at 6:40 p.m. These tickets include *(Continued on page 3)*

Pictured is Tyler Christopher showing his exceptional ability to mimic Elvis Presley.



(Continued from page 2, *Elvis Presley Tribute*) popcorn and drinks; tea, lemonade and water. BACK ROW-STILL GOOD SEATS are \$30.00. Doors open for BACK ROW-STILL GOOD SEATS ticket holders at 6:40 p.m. These tickets include popcorn and drinks; tea, lemonade and water. The event is one of our biggest fundraisers of the year. We are budgeted to raise 11,000 for the operation of the center. This is a

large number but our utilities alone cost around \$23,000 a year. We have several more operational costs, and our fundraising events help raise the funds needed. Selling all the tickets for this event is a must to reach our financial needs. This event is truly a quality and great show! Many Elvis Presley fans of all generations attend our show, and return each year. We appreciate those who attend. A

ticket purchase is a donation to the senior center, and in exchange, you'll have a great evening filled with fantastic entertainment. If you know an Elvis Presley fan, or someone who enjoys an awesome show with instruments played live, send them our way. Please thank our sponsors listed in this newsletter, and our volunteers. Thank you and we'll see you at the show!



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Thank you to the Hillsboro Eagles #1161 who visited us this past January and presented us with a generous donation of \$3,500! Pictured is our senior center membership with Hillsboro Eagles member and officer, Shawn Thomson, their Secretary, Charles Roberts and their President, Pat Ryan. \$500 will be used as a Gold Sponsorship for our Elvis Presley Tribute Show and \$3,000 will be used to support the senior center's operation. We appreciate their support and generosity to our center! Please thank the Hillsboro Eagles if you see them out and about for supporting us!

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Highland County Senior Citizens Center's

INCLEMENT WEATHER PROCEDURE

In the event of inclement weather or unsafe road/parking lot conditions

FOR CLOSINGS AND DELAYS FOLLOW:

Local radio stations:
WCHO 105.5 FM, WSRW 1590AM/101.5FM (Hillsboro),
WVNU 97.5 FM (Greenfield),
C103 103.1 FM (West Union)

Cincinnati TV stations: WCPQ Channel 9, WKRC Channel 12

Highland County Senior Citizens Center's
Home Delivered Meals participants:
Follow local radio stations listed




Please note our our inclement weather procedure has changed. WLWT Channel 5 News will no longer announce closings or delays for anyone that is not a school. To the best of our knowledge, the other TV stations listed will announce our closing status, but not our Home Delivery Meal status. Home Delivered Meals participants should listen to the radio stations listed in the event that we are closed due to our parking lot being icy but we are still able to safely deliver a meal. The TV stations will no longer announce our Home Delivered Meals status if we ARE delivering meals but the center is closed. We understand this may be confusing to some, so we recommend to listen to the listed radio stations for our Home Delivered Meals announcements. Thank you.

How we did in 2024

Total Income in Fundraising

\$54,345.14


Our goal 2024 was: \$50,001.42

Great job to our staff and volunteers. Please also thank our sponors and event participants.

These fundraisers help fund the senior center's operation

Examples of our expenses: our utilities for 2024 totalled \$22,645.22. Keep in mind repairs, insurance, equipment, just to name a few.

Fundraising helps make a difference!



Medicare Questions?

Call us at:
800-686-1526

One-on-one free objective Medicare counseling at your senior center by the Ohio Department of Insurance, also known as, OSHIP, will be available during Medicare open enrollment . They will be at the senior center October 17th, November 4th and December 2nd. Appointments are required and limited. OSHIP will provide us with more details later this year. Check with our Front Desk this Summer to schedule your appointment.



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**Easter
Egg Hunt**

Tuesday, April 15
9am

2 eggs per member

**Win \$5 gift DQ
cards & candy!**

Bunny Treats too!

Sponsored by:
**Greenfield Skilled Nursing,
Queen City Hospice,
Bells Garden Place**

**Mark Your Calendar for the following special dates.
Please see page 6 for our closings. MORE DATES SOON**

- AARP Free Tax Services: January-April
- Lunch by Candle Light: Valentine's Day
- Elvis Presley Tribute: Saturday, March 22nd
- Membership Easter Egg Hunt: Tuesday, April 15th
- Dish Soap Derby- Derby Inspired: Tuesday, April 29th @ 1:30 p.m.
- 55TH CELEBRATION!!! JUNE- TBA- LOOK FOR MORE DETAILS!!**
- Laundry Soap Olympics: Monday, June 16th @ 11:00 a.m.
- Hillsboro Rotary Club visits the senior center: Tuesday, May 13th from 11:45 a.m. to 1:00 p.m.
- Ohio Department of Insurance Medicare Counseling, by Appointment only: Friday, October 17th.
- Ohio Department of Insurance Medicare Counseling, by appointment only: Tuesday, November 4th.
- Healthy Halloween Senior Expo: Tuesday, October 7th
- 100 Turkey Bingo: Saturday, November 1st (Limited Advance Tickets go on sale- September 2nd)
- Ohio Department of Insurance Medicare Counseling, by Appointment only: Tuesday, December 2nd
- Membership Christmas Parties, Bleach Party and more dates: TBA

Highland County Senior Citizens Center's

Home Delivered Meals!

Made fresh and delivered hot to your door!




Serving the City of Hillsboro * Passport and private pay clients * Dietician approved meals.

MONDAY, TUESDAY, FRIDAY 9:00 A.M. - 3:00 P.M.

Various Games/Activities

Puzzles

Billiards

STRONGER Gym

Join us for lunch
\$5 - Monday, Tuesday & Friday
AT NOON ON THE DOT!

| SPECIALS: | TIME: | SPONSORED BY: |
|----------------------------------|-------------------------------------------|------------------------------------------------|
| Chair Volleyball Prize Day | 3rd Tuesday of the month-Prizes awarded | Sponsored by: Heartland Hospice |
| Chair Volleyball Prize Day | 3rd Friday of the month Prizes awarded | Sponsored by: Queen City Hospice |
| Chair Volleyball Prize Day | Last Tuesday of the month- Prizes awarded | Sponsored by: Greenfield Skilled Nursing |
| Blood Pressure Checks | 2nd Tuesday of the month, 10:30am-11:30am | Provided by: Hospice of Hope |
| Mental Health Checks | 3rd Tuesday of the month, 10:30am-11:30am | Provided by: Highland District Hospital |
| Blood Pressure/Sugar checks | 4th Tuesday of the month, 10:30am-11:30am | Provided by: Highland County Health Department |
| Bunco Tournament, every Tuesday. | Last Tuesday of the month- Prizes awarded | Sponsored by: Edgewood Manor of Greenfield |
| Billiards Tournament | Last Monday of every month-Prizes awarded | Sponsored by: Edgewood Manor of Greenfield |

| BINGO | TIME: | SPONSOR: |
|-----------------------------------|--------------|-----------------------------------------------------------|
| 1st Monday of every month | 12:30 p.m. | Hospice of Hope |
| 2nd Monday of every- OTHER- month | 12:30 p.m. | Bell Gardens Place |
| 3rd Monday of every month | 12:30 p.m. | Bring a small gift for prize- call Front Desk for details |
| Last Monday of every month | 12:30 p.m. | The Laurels of Hillsboro |

NOTE: If there are 5 Monday's in a month, the 4th Monday bingo prizes will be hosted by: Greenfield Skilled Nursing and Rehab at 12:30 p.m.

| LIVE BANDS | *All bands break for lunch from 11:30 a.m. to 12:30 p.m.* | BAND: |
|-------------------|------------------------------------------------------------------|-------------------|
| Monday: | 10:00 a.m. - 1:30 p.m. | Trailblazer Band |
| Tuesday: | 10:00 a.m. - 1:30 p.m. | The Sunshine Band |
| Friday: | 10:00 A.M. - 1:30 p.m. | Wires and Wood |



| DAILY SCHEDULE: | TIME: | INSTRUCTOR/SPONSOR: |
|------------------------|--------------|----------------------------|
|------------------------|--------------|----------------------------|

MONDAY:

| | |
|---------------------------|-------------------------|
| STRONGER Gym | 9:00 a.m. - 3:00 p.m. |
| Various card games | 9:00 a.m. - 3:00 p.m. |
| Cornhole | 9:00 a.m. - 10:00 a.m. |
| Chair Volleyball | 10:00 a.m. - 11:00 a.m. |
| Bingo (see above details) | 12:30 p.m. - 1:30 p.m. |

TUESDAY:

| | |
|-------------------------------------------------|-------------------------|
| STRONGER Gym | 9:00 a.m. - 3:00 p.m. |
| Various card games | 9:00 a.m. - 3:00 p.m. |
| Cornhole: | 9:00 a.m. - 10:00 a.m. |
| Color Pencil Group -Free hand, pro or beginners | 9:30 a.m. - 3:00 p.m. |
| Chair Volleyball | 10:00 a.m. - 11:00 a.m. |
| Bunco (Noon Lunch Break | 11:00 a.m. - 2:00 p.m. |
| Euchre | 11:00 a.m. |

WEDNESDAY: CLOSED - Home Delivered Meals will be delivered**THURSDAY:** CLOSED - Home Delivered Meals will be delivered**FRIDAY:**

| | |
|------------------------------------------------------|-------------------------|
| STRONGER Gym | 9:00 a.m. - 3:00 p.m. |
| Various card games | 9:00 a.m. - 3:00 p.m. |
| Cornhole | 9:00 a.m. - 10:00 a.m. |
| Chair Volleyball | 10:00 a.m. - 11:00 a.m. |
| Oil, Acrylic, Colored Pencil- Multi Medium Art Group | 9:30 a.m. - 3:00 p.m. |
| Euchre | 11:00 a.m. |
| Line Dancing: Beginner or advanced | 11:00 a.m. - 12:00 p.m. |

Mark Your Calendar**We will be closed on...**

Friday, March 21st - Prep for Elvis Presley event
Monday, March 24th - Clean-up Elvis Presley event
Monday, May 26th - Memorial Day
Friday, July 4th - Independence Day
Monday, September 1st- Labor Day
Monday, October 6th- Senior Expo Prep
Friday, October 31st- 100 Turkey Bingo Prep
Friday, November 28th- Thanksgiving Break
Monday, December 22nd - Friday, December 26th
-Christmas Break



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Free Services at the Center

See page 6 for days and times for services

Sugar checks, blood pressure checks, heart rate checks, mental health checks, healthy snacks and recipes.



Sudoku- Difficulty: Very Hard Answer: p. 13

| | | | | | | | | |
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| 5 | | | | | 9 | | 2 | 1 |
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| | 8 | | 4 | | 1 | | | |
| | | | | 7 | 8 | 3 | 1 | |
| 3 | 1 | 2 | 6 | | | | | |
| | 7 | | 3 | 1 | | 6 | | |
| | | 4 | 8 | 9 | | 1 | | 3 |
| | 5 | | | 6 | 4 | 8 | | 7 |
| 8 | | 7 | 1 | | | | 6 | 4 |

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Contact us today and see how we can be of assistance.

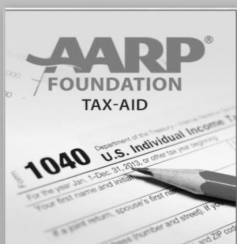
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You must have an appointment. Appointments are limited.

Please call our Front Desk at 937-393-4745 to be scheduled.

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HIGHLAND COUNTY SENIOR CITIZENS CENTER'S ANNUAL BENEFIT EVENT



Elvis Presley

THE ULTIMATE TRIBUTE SHOW
LIVE BAND

HIGHLAND COUNTY SENIOR CITIZENS CENTER



SATURDAY, MARCH 22

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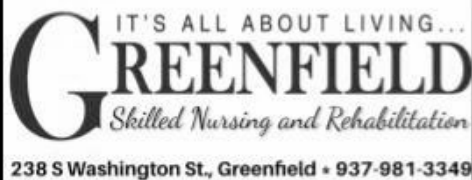
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Teagan.mcfadden@heartlandhospice.com * M: (740) 702.9267 * O: (740) 313.3012

An easy, healthy and tasty recipe!

For a protein-packed lunch, this recipe repurposes leftover shredded or chopped chicken into a salad that replaces classic grapes with fresh, antioxidant-rich berries.

Ingredients: ¼ cup olive oil mayonnaise (regular mayo works but is higher in cholesterol), 1 teaspoon sugar, ½ teaspoon dried tarragon, 1½ cups chopped or shredded leftover chicken (about 1 breast), 1 cup quartered fresh strawberries or whole blueberries, ½ cup fresh or frozen peas, thawed, ¼ cup chopped celery, Salad mix or spinach.

Instructions: 1- Whisk the first three ingredients together in a large bowl. Season with salt and pepper to taste.

2- Add chicken, berries, peas, and celery, and stir well to combine.

3- Scoop chicken salad over salad greens or spinach for a fresh and filling lunch. Recipe adapted from *Taste of Home*

Picture it, Senior Center, 2025

Join us for Euchre and more!



Top Left and Right: Our Euchre players start their games at 11:00 a.m. They are friendly to help you brush up on your game if you have not played in a while or if you're new to the game. There is plenty of room for more players. Games can go as long as 3:00 p.m. but typically end at 2-2:30 p.m. Folks start Euchre after chair volleyball, which starts at 10:00 a.m. We encourage you to give it a try. Other card games are played at the center as well. These games are not on the schedule but are played because members enjoy them. You can start up any new game you like at the center and see if others are interested too. See our Front Desk for more information.



A Candle Light Lunch at the Center

Friday, February 15th - Valentine's Day

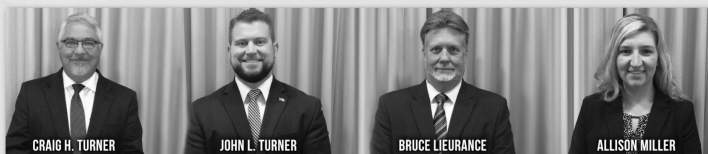
Menu: Swiss Steak, Whipped Potatoes, Broccoli, Bread, Mixed Fruit and Red Dessert.

Enjoy lunch at the center by candlelight!



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100 Turkey Bingo!

This past November our annual 100 Turkey Bingo event was a success and a blast! 120 turkeys were taken home and over 200 attended. A total of \$8,783.51 was raised for our operation, thanks to our sponsors. Thank you to our volunteers and to all those who attended the event. Mark your calendar for 2025's 100 Turkey Bingo for Saturday, November 1st. Advance tickets go on sale Tuesday, September 2nd. Advance tickets are also scratch off tickets for a chance to win a turkey before the event! Must be 18+ to attend. Please thank, Platinum Sponsors: Walmart DC, The Laurels of Hillsboro, Lowes,



Gold Sponsors: FRS Transportation, Bell Gardens Place, Highland County Homecare, Highland District Hospital, Silver Sponsors: Mathew Green: Edward Jones, Anderson Funeral Home, Queen City Hospice, Sunset Valley Farms: Robert and Dee Moots.

The event was filled with BINGO, turkey prizes and fun!



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Rehabilitation Services
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Highland County Senior Citizens Center's

Ready Meals!



All the grocery shopping, the cooking, the cleaning and the meal prep is done. Heat and enjoy!

Special pricing for members: \$5 per meal

Meals are made hot and fresh by the senior center, cooled, then frozen in our food delivery tray for convenience and easy re-heating.

Ask for Rhonda Purdin, our Director of Food Programs, if you're interested in the center's Ready-Meals. Our Ready-Meals are made hot by the senior center, cooled, then frozen in our food delivery trays for convenience and easy re-heating. Call us to discuss a menu that works for you. Bon appetit!

Don't look, unless you're ready. Here is the Sudoku answer key. Puzzle on page 7.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 5 | 3 | 6 | 7 | 8 | 9 | 4 | 2 | 1 |
| 4 | 2 | 1 | 5 | 3 | 6 | 7 | 8 | 9 |
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| 3 | 1 | 5 | 7 | 9 | 8 | 4 | 2 | 6 |
| 4 | 2 | 6 | 3 | 5 | 1 | 7 | 8 | 9 |



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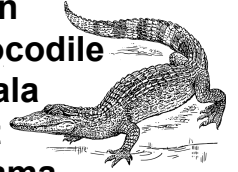

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Word Search: The Zoo

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 A A N S I M A L H S I F O S A
 M S I J A G U A R T H B R R C
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What do you like about the senior center?

"It's a good hangout and place to be, and they have a good meal too."

-Member, Richard Crabtree

In 2024, we added more pictures, word searches, info, resources and sponsorship support!



Thank you to Thompson Funeral Home for continuing your Gold Sponsorship for our annual Elvis Presley Tribute Benefit. Pictured is Meghan Wagoner, with our membership, presenting \$500. We appreciate your generosity and support to help us reach our fundraising goals for this popular event that all enjoy!

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The Highland County Senior Citizens Center is a 501(C)(3) non-profit organization established in 1970. It is supported solely by membership dues, fundraising activities, private donations and receives no funding from any government entity. A Typical Membership is ages 50-89 and is \$20 for the year, a Lifetime Membership is ages 90+ and is free, an Associate Membership is ages 21-49 and is \$25 for the year. All memberships expire on December 31st. Services are rendered on a nondiscriminatory bases. The center is wheelchair accessible in compliance with the Americans Disabilities Act.

The mission of the Highland County Senior Citizens Center is to promote wellness of the members through recreational, education, and social opportunities.

Our newsletter is supported by our advertisers. Please thank them for making this publication possible, and remember to shop local.

Recognizing the late Dr. James Bodenhamer, our devoted friend and generous supporter, and the late Rosalie Morgan, our founder and longtime Director, our Board of Directors, and our volunteers for their support and dedication to the Highland County Senior Citizens Center.