



NEWSLETTER



Highland County Senior Citizens Center

The Rosalie Morgan & N. James Bodenhamer Senior Center

185 Muntz Street, Hillsboro, OH 45133 937-393-4745 Mo, Tu, Fr 9:00am-3:00pm

Mechell Karnes, Executive Director

-Established 1970-

Rhonda Purdin, Director of Foods

FUNDRAISING EVENT RAISES OVER 12,000

BY MECHELL KARNES

Our annual Elvis Presley Tribute Show featuring Tyler Christopher and his live band was a huge success. We are excited to report that the event raised \$12,268.00 for our operation. Not only was this fundraiser a financial success, our guests and membership praised the performance as excellent, and all echoed that they had a wonderful time. The center was able to sell 263 tickets, selling out the event. Due to high demand for tickets, the center added overflow seating, which added 13 extra seats. We budgeted to bring in \$11k but are thrilled with the results, as our expenses are increasing just like everything else. All our fundraising dollars brought in help pay for items such as our utilities (electric, gas, water, etc.), which are over \$26,000 a year.

The event was Saturday, March 23rd and this was the eighth time Christopher has performed for our organization.

Director, Mechell Karnes, has scheduled Christopher to return in 2025. Look for more information



Award winning tribute artist, Tyler Christopher, wows audience members with an authentic and exciting performance at the Highland County Senior Citizens Center's event this past March.

this Winter and ticket availability. The show started off with the band playing, building the excitement of the crowd. Then, "Elvis Presley" took the stage with his guitar, dressed in a sharp white jacket with black slacks and tie, just as Elvis looked in his youth. The 1950's Elvis Presley was brought to life with Christopher's voice and dance moves. Swinging his arms, shaking his knees and hips, mimicking the exact dance moves of Elvis in the 1950's. When the 1956 song, *Hound Dog* started, the dance floor filled with folks from the audience.

Several ladies wearing rabbit ears also joined. The rabbit ears were in reference to the line, "Well, you ain't never caught a rabbit..." Later, during *(Let Me Be Your) Teddy Bear*, Elvis handed down teddy bears to audience members who approached the stage. After several songs and cheers, Christopher briefly disappeared for a costume change to an all black suit, that shimmered gold, and started the 1960's performance part of the show.

The song, *What'd I Say*, really showcased the drums and

Christopher's abilities to get the audience excited and to participate. After the 50's and 60's were enjoyed, an intermission was taken. Then, the house lights flashed and the band began to play the 1968 song, *Also Sprach Zarathustra* and theme from the film, *2001: A Space Odyssey*. Elvis Presley took the stage in his iconic jumpsuit with his arms in the air, the crowd cheering while the song, *C. C. Rider* began to play and his dance moves followed.

Throughout the evening, Christopher's performance was praised by audience members with "whoo-hoos," yells of excitement and lots of dancing on our dance floor. The new larger stage allowed for Christopher to add to the show with more dancing, and there wasn't a bad seat in the house.

The two-hour show was authentic, exciting and electric, featuring a lead guitar, a bass guitar, keyboards, drums, a backup vocalist and a professional tribute artist whose voice is incredibly like the sound of Elvis Presley. Our event was truly the ultimate Elvis Presley tribute. The show covered Elvis' entire career.

Members and show goers stated to the senior center, "I got a scarf and a teddy bear. Our group thought he was tremendous!" - Rosetta Williams. Patti Gregg stated, "I liked how personal he was and went out into the crowd during his performance." Mary Jo Copeland also enjoyed the event. "It was a great show!"

The center thanks our many sponsors and volunteers who also helped make the event possible.

Other past fundraising efforts, which also help get the word out about the center, were our annual Hot Chocolate Bombs and our Build-A-Buddy Creation Boxes. Overall, we did well with these fundraisers, but we ended up short of a combined amount of about \$300 of our income goal; however, our expenses were covered by sponsors. See page 4.

Our upcoming events are listed in this newsletter. Please join us for these events and tell others.

MEMBERSHIP FUN

Our annual membership Easter egg hunt was this past March. Eggs contained a number inside that corresponded with a prize. Prizes were gift cards to Dairy Queen, candy, popcorn and puzzle books. A \$100 Visa card was also awarded. Thank you to Rural King, Greenfield Skilled Nursing and Bell Gardens Place. McCarty Associates brought us the Easter Bunny and also made a donation. We appreciate all our sponsors; without them, activities such as these would not be possible. Please sign the "thank you" cards that the Front Desk has set up to send to all of our supporters.

NEW TAKE HOME MEALS

Listen for our dinner bell at noon every Monday, Tuesday and Friday for a hot and yummy lunch to enjoy with friends for only \$5 and dessert for \$1 at the center. These meals feature local meats and recipes.

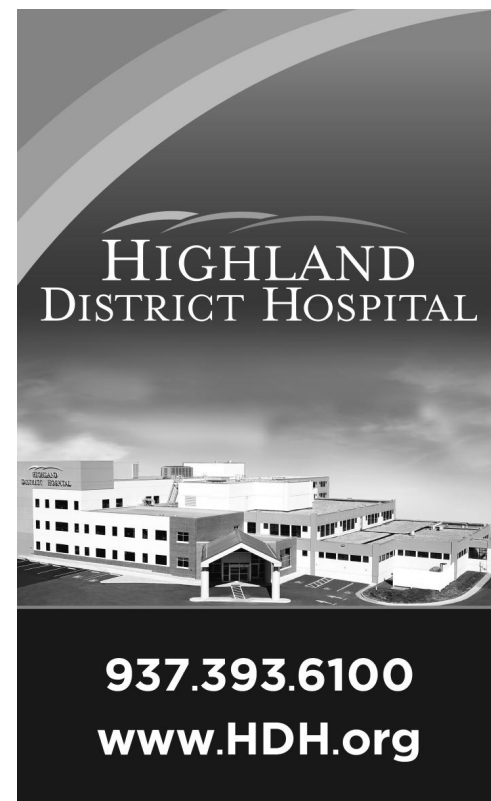
Coming soon, the center is offering take-home meals. These meals are also made at the center, and then frozen for your convenience to

enjoy them at any time.

Rhonda Purdin, Director of Foods, is excited to be offering this feature. The food trays we use are specifically designed for food transport and to reheat food.

The center coordinated with the Highland County Health Department to ensure the cooling and freezing process of our hot meals was within our food licensing. The center was required to purchase a commercial refrigerator for this process.

The idea for this feature was out of a change for our Home Delivered Meals clients. We provide a hot, made-that-morning meal each day, Monday through Friday, for our Home Delivered Meals clients. However, since we do not deliver on Saturday or Sunday, we were required to provide them with a frozen meal of an exact brand. Recently, this brand became unavailable and we were not



satisfied with the alternative option. To ensure the quality of our program, we decided to provide our clients with our meals too as their weekend option. These meals, because not delivered that day, would need to be frozen. The result, convenient and quality meals for everyone. Bon appetit!

A menu with pricing information will become available soon.

SERVICES AT THE CENTER

The AARP returned to the senior

center providing free tax services for 140 individuals. They expect to return for the 2025 tax season as long as AARP volunteers are available. Look for info in January.

The Ohio Department of Insurance is returning to the center this Fall for one-on-one Medicare counseling by appointment only. They provide Medicare beneficiaries with free, objective, health insurance information. Once they provide the center with a

schedule, our Front Desk can take appointments.

If you need immediate assistance with your Medicare plan, you can call OSHIIP at their hotline at 800-686-1578.

Invite your friends and neighbors to the center. They can visit a few times before they commit to sign up for membership. Don't forget the gym is included in your membership. We look forward to seeing you all!

How Can We Make YOUR Life Easier?

Home Helpers Caregivers are carefully screened and selected for their compassion for assisting others.

We will care for you or your family as our own.

We work with Long Term Care Insurance and Private Pay

Homemaking Meal Prep Errands Personal Care Companionship

Call Today for Your Free In Home Consultation!



740-773-4403



Pictured are Eagles members Charlie Roberts, Secretary and Pat Ryan, President with our membership.

**Thank you to the
Hillsboro Eagles #1161
for your generous donation of
\$2,500 to the senior center**

KEN BOATMAN

BRAD BOATMAN

Highland AUTO SERVICE

Local vehicle pickup service available! 951 WEST MAIN ST. HILLSBORO, OH 45133

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Complete Auto Service and Diagnostics



Let's get **STRONGER!**

Gym included in your membership

-9 hydraulic pieces gentle on joints

-Recumbent bikes-low to ground

-Work out at your pace and level!



Annual event

EAT AT BIG ERNIE'S,

TUESDAY,

MAY 7TH

4PM-9PM

**dine-in,
DRIVE-THRU,
OR CARRY-OUT**



**A PORTION OF
SALES DONATED TO
SENIOR CENTER!
ALL INVITED!**

**SUPPORT
THE HIGHLAND COUNTY SENIOR CITIZENS CENTER**

Don't forget the event is only from 4pm to 9pm. If you go any earlier, part of your sale will NOT count for our fundraising event.

Look for more details about extended senior center hours on May 7th for those attending this event! Also, look for how you can ride with us to this event from the senior center and back with FRS free of charge.. See you from 4pm to 9pm on Tuesday, May 7th at Big Ernie's.

Fundraising: How are we doing so far?

Event:	Goal	vs.	Actual:
Valentine Hot Chocolate Bombs:	\$1,200		\$980
Elvis Presley Tribute event:	\$11,000		\$12,268.86
Easter Build A Buddy event:	\$500		\$427.84
Eat Big Ernie's event:	\$500		TBA
Kona Ice events:	\$250.95		TBA
Caramel Chocolate Apples:	\$5,000		TBA
Senior Expo:	\$10,000		TBA
Turkey Bingo:	\$6,000		TBA
Christmas Build-A-Buddy:	\$1,200		TBA
Christmas Hot Chocolate Bombs:	\$1,150		TBA
Other:	\$TBA		TBA

Total Goal Needed: \$37,800.95 - as of April: \$13,676.70

We have budgeted to raise \$37,800.95 in fundraising. These funds are not extra funds but funds that help pay our expenses.

These annual fundraisers are vital for the senior center's operation each year. One example of an expense is our utilities. Our 2023 utilities were over \$26,000.

Fundraising helps make a difference!

We appreciate our volunteers, staff and sponsors for their support and hard work.



**Medicare
Questions?**

Call us at:
800-686-1526

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at the Center!**

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of every
month,
enjoy
birthday
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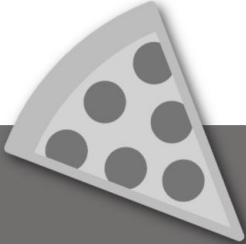
**RIDE WITH US TO
BIG ERNIE'S**

We're taking FRS to our Big Ernie's event, free of charge, on Tuesday, May 7th to help free up some parking for the community that we have invited to join us to help raise funds for the center.

Would you like to ride with us? You can go however you like but Remember, you can dine-in, carry-out or drive-thru but it must be between the hours of 4pm and 9pm to count toward our event

- First, sign up with our Front Desk the week before- only if you want to ride FRS,
- Park at the senior center to board the bus around 3:45pm

Arrive at Big Ernie's, eat great food with friends while raising funds for the senior center, then FRS will bring us back to the center to your car. FUN!

Mark Your Calendar! We appreciate Big Ernie's for allowing us to have a Big Ernie's night every year to help raise funds for the center. Their menu is delicious and we're excited! See more details on page 4.



**KONA
ICE** So many flavors!

Enjoy flavored shaved ice!

A portion of sales will be donated to the Senior Center!

Ice Truck located at
Hillsboro Rural King:
Thursday, May 2nd from
2:00 p.m. to 4:00 p.m.
More dates TBA

May- A Great Month For Treats!
Kona Ice is the best shaved ice treat and they are coming to the Hillsboro Rural King parking lot on May 2nd and donating a portion of all sales to the senior center. We also appreciate their generosity to the center! Yum!

Highland County Senior Citizens Center's
Home Delivered Meals!
Made fresh and delivered hot to your door!




Home Delivered Meals
Hot & Fresh!

Highland County Senior Citizens Center
(937) 393-4745

Serving the City of Hillsboro * Passport and private pay clients * Dietician approved meals.

MONDAY, TUESDAY, FRIDAY 9:00 A.M. - 3:00 P.M.

Various Games/Activities

Puzzles

Billiards

STRONGER Gym

Join us for lunch
\$5 - Monday, Tuesday & Friday
AT NOON ON THE DOT!

SPECIALS:**TIME:****SPONSORED BY:**

Chair Volleyball Prize Day	1st Friday of the month- Prizes awarded	Sponsored by: Highland County Homecare
Chair Volleyball Prize Day	2nd Monday of the month-Prizes awarded	Sponsored by: Heartland Hospice
Chair Volleyball Prize Day	3rd Friday of the month Prizes awarded	Sponsored by: Queen City Hospice
Chair Volleyball Prize Day	Last Tuesday of the month- Prizes awarded	Sponsored by: Greenfield Skilled Nursing
Chair Volleyball Prize Day	Last Friday of every month- Prize awarded	Sponsored by: Legacy Skilled Nursing
Blood Pressure Checks	2nd Tuesday of the month, 10:30am-11:30am	Provided by: Hospice of Hope
Mental Health Checks	3rd Tuesday of the month, 10:30am-11:30am	Provided by: Highland District Hospital
Blood Pressure/Sugar checks	4th Tuesday of the month, 10:30am-11:30am	Provided by: Highland County Health Department
Bunco Tournament, every Tuesday.	Last Tuesday of the month- Prizes awarded	Sponsored by: Edgewood Manor of Greenfield
Billiards Tournament	Last Monday of every month-Prizes awarded	Sponsored by: Edgewood Manor of Greenfield

BINGO**TIME:****SPONSOR:**

1st Monday of every month	12:30 p.m.	Hospice of Hope
2nd Monday of every- OTHER- month	12:30 p.m.	Bell Gardens Place
3rd Monday of every month	12:30 p.m.	Bring a small gift for prize- call Front Desk for details
Last Monday of every month	12:30 p.m.	The Laurels of Hillsboro

NOTE: If there are 5 Monday's in a month, the 4th Monday bingo prizes will be hosted by: Greenfield Skilled Nursing and Rehab at 12:30 p.m.

LIVE BANDS

All bands break for lunch from 11:30 a.m. to 12:30 p.m.

BAND:

Monday:	10:00 a.m. - 1:30 p.m.	Trailblazer Band
Tuesday:	10:00 a.m. - 1:30 p.m.	The Sunshine Band
Friday:	10:00 A.M. - 1:30 p.m.	Wires and Wood

**DAILY SCHEDULE:****TIME:****INSTRUCTOR/SPONSOR:****MONDAY:**

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole	9:00 a.m. - 10:00 a.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Bingo (see above details)	12:30 p.m. - 1:30 p.m.

TUESDAY:

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole:	9:00 a.m. - 10:00 a.m.
Color Pencil Group -Free hand, pro or beginners	9:30 a.m. - 3:00 p.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Bunco	11:00 a.m. - 2:00 p.m. with a noon lunch break
Euchre	11:00 a.m.

WEDNESDAY: CLOSED - Home Delivered Meals will be delivered**THURSDAY:** CLOSED - Home Delivered Meals will be delivered**FRIDAY:**

STRONGER Gym	9:00 a.m. - 3:00 p.m.
Various card games	9:00 a.m. - 3:00 p.m.
Cornhole	9:00 a.m. - 10:00 a.m.
Chair Volleyball	10:00 a.m. - 11:00 a.m.
Oil, Acrylic, Colored Pencil- Multi Medium Art Group	9:30 a.m. - 3:00 p.m.
Euchre	11:00 a.m.
Line Dancing: Beginner or advanced	11:00 a.m. - 12:00 p.m.

Mark Your Calendar**We will be closed on...****Monday, May 27th - Memorial Day****Monday, SEPT 2nd - Labor Day****Monday, SEPT 30th - Prep for Expo event****OPEN for expo event ONLY - Tuesday, OCT 1st****Friday, NOV 1st - Prep for Bingo event****Friday, NOV 29th - Thanksgiving Break****Monday, DEC 23rd - Friday, DEC 27 - Christmas Break**

Please note: other days may be added that are not announced here. Subject to change. Call 937-393-4745



Need a ride to the center? FRS Transportation provides several of our out-of-town and local members transportation to and from the center at an affordable rate. Call FRS at 937-393-0585

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- LONDON
- ATHENS
- BATAVIA
- MOUNT ORAB
- LOGAN
- GEORGETOWN



4th Tuesday of Every Month Highland County Health Department

Provides Free Services at
Highland County Senior Citizens Center



The Highland County Health Department team of nurses are at the senior center every 4th Tuesday of the month from 10:30 a.m. to 11:30 a.m. Each month they offer free sugar checks, so keep this in mind if you want to fast before your test. They offer blood pressure checks and can help you keep track of your numbers. We appreciate them! Depending on the month, they offer other free screenings at the senior center such as cholesterol screenings, kidney function screenings and more.

For a full list of their services, call and schedule an appointment for their location at 1487 North High St. Suite 400. Call: 937-393-1941.



Contact us today and see how we can be of assistance.

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Sudoku- Difficulty: Hard Answer: p. 13



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- Orthopedic Care
- Respiratory Care
- Wound Care and Dressings
- Diabetic Care

Our caring representative is ready to discuss the next steps in your recovery process, as well as your in-home care needs.



A glance at the center's original photo albums: 1975-1997



Top right: Valentine's Day dance at the center in 1997. The framed quilt pictured is now behind our front desk. Top Left: Annual flea market event at the center in 1986. The storefront glass panes were updated to windows in 2019 after half the originals were destroyed by straight line winds. Drop ceilings and updated lights were added in 2011.



The front of the center's building and the center's van in 1983.



At the center the membership is volunteering folding and taping the center's newsletter to go out in the mail in 1988.

Photo and local newspaper sources unknown



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Our Services:

- Pain and Symptom Management
- Emotional Support
- Spiritual Care
- Respite Care
- Bereavement Care

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Jennifer Williams, LPN, Hospice Care Consultant

jennifer.williams01@heartlandhospice.com * M: (740) 285.6057 * O: (740) 259.0281

The Laundry Soap Olympics!

Let the games begin

Friday, May 24th at 11am

Join us,
it's LOADS of fun!

Deadline to sign up: 05/21

Sign up at the Front Desk

Bring a 100.8 fluid ounce container of laundry soap into the center and be entered to play in the Laundry Soap Olympics!

This is NOT a competition to see who brings in the most laundry soap, the laundry soap is your "ticket" into the games and will be donated to the center to use to keep us clean.

The Laundry Soap Olympics are like minute-it-to-win-it games that are laundry themed. The membership can play to win prizes by bringing in a 100.8 fluid ounce donation of laundry soap, as their "ticket" to participate in the games for an opportunity to win prizes.

We use a lot to keep our kitchen and bathrooms nice and clean

Please thank our sponsor: Buckeye Hospice

WIN GIFT CARDS

**WHO WILL WIN THE
GOLD MEDAL?**

WIN GOOD PRIZES

Picture it, Senior Center, 2024

Good Times at the Senior Center. Activities, Events & Friends ...

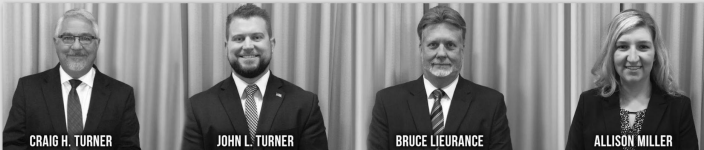


Top Left: Member, Shirley King, is pictured working on her beautiful colored pencil project. This art group meets every Tuesday around 10am to 3pm. Top Right: Bunco players roll the dice in anticipation of getting a BUCNO! Bottom Left: 263 folks give a standing ovation to Tyler Christopher's outstanding performance at our annual Elvis Presley Tribute Show this past March. Bottom Right: A picture of "Elvis Presley" was snapped just before he sang, *Johnny B. Goode* and the lead electric guitarist showcased his amazing playing skills.



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GRIZZLY
CHIMPS
BOAS
WOLF
GIRAFFE
HIPPO
WILDEBEAST
SNAKES
HYENA
BOAR
COYOTE
LION

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H	A	T	E	E	H	C	G	S	O	O	G	I	A
S	G	T	L	I	O	N	E	T	C	T	A	H	R
R	Z	C	H	I	M	P	S	E	Y	H	G	C	A

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advertising in
this publication

FRS
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Our Mission

At Greenfield it is our mission to provide individualized, compassionate and innovative healthcare services that will inspire each guest to achieve the full and meaningful life they desire.

Skilled Nursing
Rehabilitation Services
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& Other Tailored Services



The Bleach Party of the Year!

In 2023 we had our very first bleach party and it was a success. The center carefully plans and budgets for supplies every year but donations are also an important part our operation and can be a tax write-off. We are a 501(C)(3) non-profit organization. We like to

have theme parties for our donation requests for fun and as an appreciation celebration too.

Last year, our membership and members of the community donated 2,971 ounces of bleach, which alleviated our supply budget for other items needed. We use unscented bleach as the health department requires. If you would

like a chance to win a \$100 gift card, please bring unscented bleach to the Front Desk. They will document how much bleach you bring from now until the party. You don't have to be present to win. Join us for the party for cake, punch, chair volleyball and fun! Those who donate will be entered to win other prizes too.

A Cleaning supply shower for the center's kitchen

BLEACH PARTY!

**CAKE, PUNCH, CHAIR
VOLLEYBALL, TROPICAL
MUSIC & FUN!**

Donations of bleach start now
Party is July 9th @1pm

Bring the most ounces of bleach and win!

The Health Department allows for unscented bleach

Grand prize: \$100 Gift Card



Sponsored by:



Membership Recipe Box

Pat Z. shared her recipe with our kitchen staff so we could enjoy her recipe and so can you!

Pat Z's Cabbage Casserole

1 head cabbage, split
in half

2-Ibs of hamburger

1 cup of rice

2 eggs

1 cup of tomato juice

1 cup of celery,
chopped fine

Salt & pepper to taste

INSTRUCTIONS

Layer 1/2 sliced cabbage in pan

Mix together all other
ingredients, except the tomato
juice, and layer them on
cabbage.

Layer the second half of cabbage.

Pour tomato juice on cabbage and cook at 350
degrees until the cabbage is soft or however
you like your cabbage. Enjoy!



Kitchen Staff, Rhonda and member, Pat Z. with her Cabbage Casserole that the senior center prepared for lunch for the membership to enjoy.



**Do you have
Facebook? We do!**



Please "like" and follow us
to help others know about
the senior center.
Thank you for your help!

Don't look, unless
you're ready. Here is
the Sudoku answer
key. Puzzle on page 7.

1	6	5	8	4	7	9	2	3
7	8	9	3	1	2	5	4	6
4	3	2	5	9	6	1	7	8
2	9	7	4	6	3	8	5	1
5	1	8	7	2	9	3	6	4
3	4	6	1	5	8	2	9	7
9	7	3	2	8	4	6	1	5
8	2	1	6	7	5	4	3	9
6	5	4	9	3	1	7	8	2



Queen City Hospice

— AN ADDUS HOMECARE COMPANY —

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HIGHLAND COUNTY VETERANS SERVICES

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Skilled Nursing & Rehabilitation

We treat our residents like family.

To schedule a tour call us at (937) 981-2165

850 Nellie Street, Greenfield, Ohio 45123

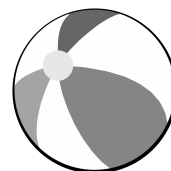


Day at the Beach Word



K	B	O	A	R	D	W	A	L	K	O	S	L	R
L	U	O	L	T	E	L	B	L	B	D	E	B	K
I	M	A	L	I	A	U	A	O	S	B	V	L	L
F	B	T	F	N	R	N	A	K	O	H	A	E	D
E	R	A	L	I	A	P	N	S	I	K	W	K	R
J	E	H	T	O	D	U	N	U	S	O	A	S	I
A	L	N	S	C	R	S	S	N	T	H	E	E	F
C	L	U	B	T	U	H	L	S	H	L	S	A	T
K	A	S	M	C	R	T	S	H	T	E	R	S	W
E	N	I	A	A	R	E	U	I	S	L	E	H	O
T	W	P	U	S	E	A	P	N	F	A	I	E	O
S	L	A	T	T	L	S	T	E	U	R	P	L	D
S	A	I	L	L	A	B	S	E	A	G	U	L	L
L	K	S	S	E	X	T	O	C	E	A	N	S	W

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DRIFTWOOD
SUNSHINE
BOOK
PAIL
UMBRELLA
SWIM TRUNKS
FISH
SEASHELLS
TOWEL
BOARDWALK
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The Highland County Senior Citizens Center - Where good friends gather!



What do you like about the senior center?

It's my home away from home.

-Member, Jo Fetters

We added four more pages to your newsletter! More pictures, word searches, info, resources and sponsorship support.

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The Highland County Senior Citizens Center is a 501(C)(3) non-profit organization established in 1970. It is supported solely by membership dues, fundraising activities, private donations and receives no funding from any government entity. A Typical Membership is ages 50-89 and is \$20 for the year, a Lifetime Membership is ages 90+ and is free, an Associate Membership is ages 21-49 and is \$25 for the year. All memberships expire on December 31st. Services are rendered on a nondiscriminatory bases. The center is wheelchair accessible in compliance with the Americans Disabilities Act.

The mission of the Highland County Senior Citizens Center is to promote wellness of the members through recreational, education, and social opportunities.

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Recognizing the late Dr. James Bodenhamer, our devoted friend and generous supporter, and the late Rosalie Morgan, our founder and longtime Director, our Board of Directors, and our volunteers for their support and dedication to the Highland County Senior Citizens Center.